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| X \ Portage West Middle School على تويتر: "Greetings Pioneers! Every LAST  FRIDAY of the month this year will be TEAM SPIRIT DAY! Represent your  favorite COLLEGE, PROFESSIONAL, or even LOCAL team September 2023  Ruth Byck Adult Day Health Center |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  ***September Birthdays*****Cheryl T. 9/12** |  **Special Guest** **Telfair Art Group IOH UMC Choir****Music Therapy w/ Dana****Fitness w/ Rebecca****Piano Time w/ Steve****Piano Pizazz w/ Rhett****Lizzie the Comforrt Dog** |  |  |  **1****9:30am** GM RBADH**10:00am** Porch Party**12:30pm** Password**2:00pm** Parachute Game**3:30pm** Wackey Wordies |
| ***C:\Users\DClark\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\BE4C47D6.tmp*4**  ***Closed for Labor Day!*** | **5****9:00am** GM RBADH**9:30am** Music Therapy with Dana**10:30am** Bingo**12:30pm** Trivia**1:00pm** Telfair Museum Art Group**3:30pm** Bamboozables |  **6****9:30am** GM RBADH**10:00am** Porch Party**12:30pm** Spa Day**2:00pm** Piano Pizzazz w/Rhett**3:30pm** Wednesday Matinee | **7****9:30am** GM RBADH**10:00am** Pokeno**12:30pm** Porch Party**2:00pm** Fitness WithRebecca**3:30pm** Word Game | **8****9:30am** GM RBADH**10:00am** Curtis Adams Workout**12:15pm** Porch Party**1:00pm** Yoga w/Marcia**2:00pm** Noodle Hockey**3:30pm** Random Trivia |
| **9/11 Observence Day**  **9:30am** GM RBADH**10:00am** Porch Party**12:30pm** Remembering 9/11**1:00pm** Family Feud**2:00pm** Volley Ball**3:30pm**  I love America Jingo**Wear Red, White and Blue** | **12****9:00am** GM RBADH**9:30am** Music Therapy with Dana**10:30am** Bingo**12:30pm** Trivia **1:00pm** Telfair Museum Art group**3:30pm** Porch Party |  **13****9:30am** GM RBADH **10:00am** Morning Yoga with Fran**1:00pm** Lizzie The Comfrort Dog**2:00pm** Wednesday Matinee**3:30pm** Board Games |  **14****9:30am** GM RBADH **10:00am** Pokeno**12:30pm** Porch Party**2:00pm** Fitness with Rebecca**3:30pm** Mind Binders |  **Team Spirit Day 15****09:30am** GM RBADH**10:00am** Metro Silver Sneakers**12:30pm** Jeopardy!**2:00pm** Basketball**3:30pm** Sports Trivia **Wear your favorite Team T-shirt or Jersey!!** |
| **18****9:30am** GM RBADH**10:00am** Porch Party**12:30pm** Family Feud**2:00pm** Musical Chairs**3:30pm** Mind Binders | **19****9:30am** Music Therapy with Dana**10:30am** GM RBADH**12:30pm** Trivia**1:00pm** Piano Time with Steve**1:00pm** Telfair Museum Art Group **3:30pm** Porch Party |  **20****09:30am** GM RBADH**10:00am** Morning Yoga with Marcia**12:30pm** Porch Party**2:00pm** NoodleHockey**3:30pm** White Board games |  **21****9:30am** GM RBADH **10:00am** Pokeno**12:30pm** Creative Painting**2:00pm** Fitness With Rebecca**3:30pm** Movie Line Trivia |  **Luau Day! 22****09:30am** GM RBADH**10:00am** Porch Party**12:30pm** Pineapple Craft**2:00pm** Friday Matinee**3:30pm** Tribonds **Wear Hawiian Gear!!** |
| **25****9:30am** GM RBADH**10:00am** Metro Silver Sneakers**12:30pm** Porch Party**2:00pm** Beachball Volleyball**3:30pm** CraniumCrunches | **9:00** GM RBADH **26****9:30am** Music Therapy with Dana**10:30am** Bingo**12:30pm** Trivia**1:00pm** Isle of Hope UMC Choir**2:00pm** Porch Party**3:30pm** White Board Games | **27****9:30am** GM RBADH**10:30am** Morning Yoga with Fran**12:30pm** Basketball**2:00pm** Wednesday Matinee**3:30pm** Word Game | **28****9:30am** GM RBADH**10:00am** Pokeno**12:30pm** Porch Party**2:00pm** Fitness with Rebecca **3:30pm** Logo’s Trivia | **29****9:30am** GM RBADH**10:30am** Porch Party**12:30pm** Password**2:00pm** Parachute Game**3:30pm** Wacky Wordies |
| **C:\Users\DClark\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\AC2FFC01.tmp*\*All Activities Are Subject To Change*** **Alexandra Taylor, MS-NPA****Director, Ruth Byck Adult Day Health Center****3025 Bull Street, Savannah, Georgia 31405** **(912) 236 – 0363, ext. 104** **Monday through Friday, 7 a.m. – 6 p.m.** **Dikenya Clark** **Activities Director, Ruth Byck Adult Day Health Center**  |

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